

SIMONMED LONGEVITY

HealthCheck 2.0

Preserve your healthspan.

Advanced Testing. Results. Plan.

Brain and liver imaging, heart and vascular measures, labs and metabolic health, digital whole-body skin exam, muscle health and functional assessments in one coordinated visit.



\$399 About 1 hour

Concierge SimonMed Longevity Scheduling

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YOUR HEALTH, IN CONTEXT

Advanced testing. A practical next step.

SimonMed Longevity HealthCheck 2.0 brings advanced imaging, STAT labs, vascular and retinal measures, skin screening and muscle assessments together in about one hour.



Technogym Checkup and balance assessment with the clinical team

See how your health measures fit together. Review available results and leave with a plan for appropriate next steps.

\$399 | About 1 hour

Advanced Testing. Results. Plan.

INCLUDED IN THE \$399 HEALTHCHECK

A connected view of your health.

Advanced testing across seven complementary areas.

01

Brain & liver imaging

Rapid, AI-enhanced brain MRI with AI reporting and expert radiologist review. Liver MRI for liver metabolic health.

02

Heart & vascular measures

MESI blood pressure and vascular assessment, with clinical review of vascular resistance.

03

Labs & metabolic health

Labs for lipid and metabolic assessment with STAT results, plus body composition.

04

Digital whole-body skin exam

FotoFinder automated whole-body skin exam with AI-enhanced reporting and a clinical exam.

05

Muscle health & function

Technogym Biostrength-powered assessment of grip, upper-body and lower-body strength and power.

06

Retinal scan

Retinal imaging using the Eyer device, adding eye and vascular information to your assessment.

07 Cognition, Balance and Mobility Testing

Technogym Checkup and Clinical Team

YOUR COORDINATED VISIT

About one hour. A clear sequence.

Advanced Testing. Results. Plan.

- 1 Clinical intake & STAT labs**
Health history, goals, and labs for lipid and metabolic assessment.
- 2 MESI BP & vascular resistance review**
Blood pressure and vascular measures, interpreted in clinical context.
- 3 Rapid brain MRI & liver MRI**
AI-enhanced brain MRI with AI reporting and expert radiologist review; liver metabolic health imaging.
- 4 FotoFinder whole-body skin exam**
Automated imaging with AI-enhanced reporting and a clinical exam.
- 5 Eyer retinal scan**
Retinal images to support eye and vascular assessment.
- 6 Muscle strength, power & function**
Technogym Biostrength-powered assessment of grip, upper-body and lower-body strength and power.
- 7 Cognition, Balance and Mobility Testing**
Technogym Checkup and Clinical Team
- 8 Results & plan**
Review available findings with a clinician and discuss your next steps.

Visit order may vary. About one hour refers to the base HealthCheck; add-on tests and final reports may require additional time.

INCLUDED CLINICAL MEASURES

Heart, vascular and metabolic health.

01

Labs with STAT results

Labs for lipid and metabolic assessment, including lipids, glucose and HbA1c, with STAT results to support your visit review.

02

MESI BP & vascular resistance review

MESI blood pressure and vascular measures, including ankle-brachial index (ABI), inform the clinical review of circulation and vascular health. ECG and oxygen saturation add context.

03

Eyer retinal scan

A retinal scan using the Eyer device captures images of the back of the eye for review alongside your vascular and metabolic findings.

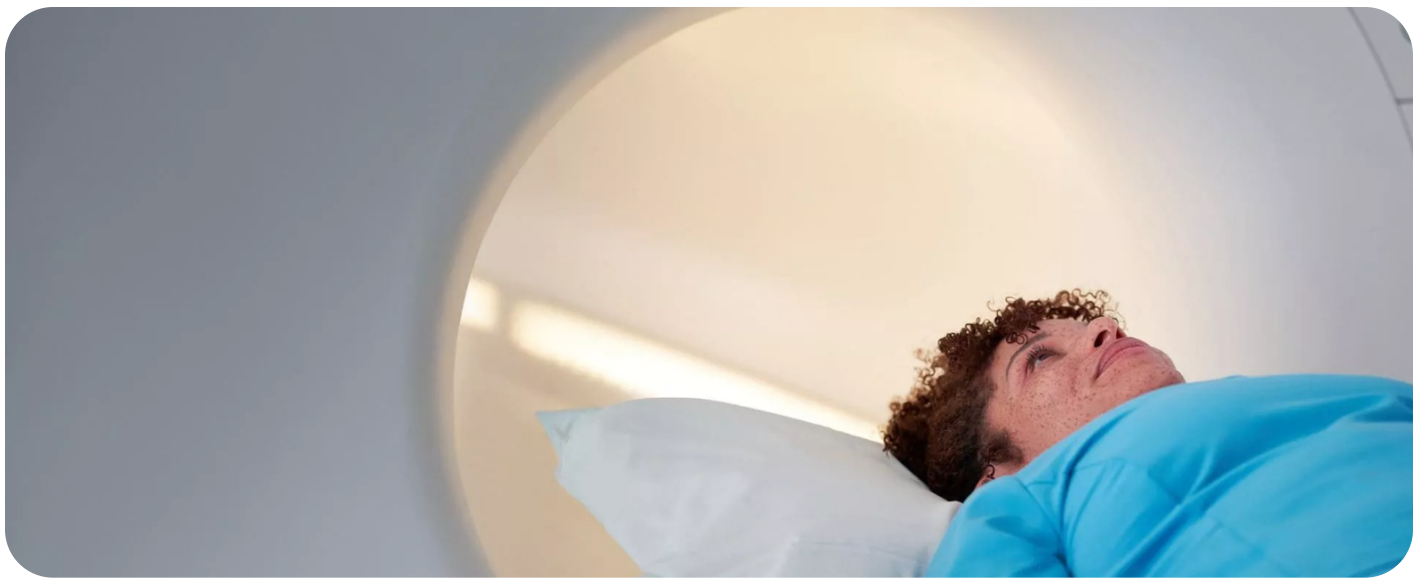


Image: Phelcom

Your measurements are interpreted with your health history. Retinal screening does not replace a comprehensive eye examination.

INCLUDED BRAIN AND LIVER IMAGING

Rapid brain MRI. Liver metabolic health.



AI-enhanced brain MRI

Rapid brain MRI with AI reporting and expert radiologist review. Imaging findings are brought together with your clinical and cognitive-performance assessments.

Liver MRI for liver metabolic health

Liver MRI adds imaging information to your metabolic health assessment. Review your liver findings alongside lipid and metabolic labs and body-composition measures.

AI supports interpretation; expert clinical review remains central. Findings may require further evaluation based on your history and results.

INCLUDED DIGITAL WHOLE-BODY SKIN EXAM

Skin imaging. Clinical perspective.

FotoFinder Automated Whole Body Skin Exam



FotoFinder ATBM master | Images: FotoFinder Systems



AI-enhanced reporting + clinical exam

Automated whole-body photography documents your skin for AI-assisted analysis and reporting. A clinical exam adds professional assessment and helps identify findings that need further attention.

A lesion of concern may need a focused dermatologic assessment, dermoscopy or biopsy. Digital imaging does not exclude every skin cancer.

INCLUDED MUSCLE HEALTH AND FUNCTION

Strength. Power. Everyday function.

Grip strength, upper-body strength, and lower-body strength and power.



Technogym Biostrength REV Leg Press

A broader view of muscle performance

Your Technogym Biostrength-powered muscle program includes grip strength, upper-body strength, and lower-body strength and power. The REV Leg Press supports lower-body assessment.

Cognition, Balance and Mobility Testing

Technogym Checkup and Clinical Team

Equipment images: Technogym

ADVANCED TESTING. RESULTS. PLAN.

From your results to your next steps.

A coordinated review helps put your findings in context.

01 **STAT lipid & metabolic results**

Prompt lab results support a meaningful conversation during your HealthCheck visit.

02 **AI reporting & expert review**

AI-enhanced brain MRI reporting and expert radiologist review complement your imaging and clinical findings.

03 **Your integrated health picture**

Bring together brain and liver imaging, vascular and retinal measures, skin findings, labs and muscle performance.

04 **A practical plan**

Discuss priorities, follow-up needs and findings to share with your usual clinician or an appropriate specialist.

Available results are reviewed during your visit. Final imaging reports and some additional-test results may follow. Screening can miss disease.

HEALTHCHECK STAT / ADDED EXAMS AT BUNDLED RATES

Add focused testing.

Bundled add-on rates with your \$399 HealthCheck 2.0. Prices below are in addition to the base exam.

2.1	HealthCheck 2.1 Prostate MRI screening Targeted prostate MRI.	\$150
2.2	HealthCheck 2.2 Endometriosis screening Focused evaluation for possible endometriosis.	\$299
2.3	HealthCheck 2.3 Carotid and brain vasculature Assessment of the carotid arteries and brain blood vessels.	\$199
2.4	HealthCheck 2.4 Simplify Whole Genome Whole-genome testing.	\$999
2.5	HealthCheck 2.5 24-hour sleep study Extended sleep assessment.	\$249
2.6	HealthCheck 2.6 Coronary calcium score Noncontrast CT assessment of calcified coronary plaque.	\$75
2.7	HealthCheck 2.7 Coronary CT angiogram With AI plaque analysis.	\$749
2.8	HealthCheck 2.8 AI-enhanced Lung CT Lung CT with AI-enhanced assessment.	\$149
2.9	HealthCheck 2.9 Whole-body MRI screening Whole-body MRI screening exam.	\$1,299

Clinical suitability and availability apply. Add-ons may require additional visits or reporting time. CT exams use radiation; coronary CT angiography also uses IV contrast. The team will confirm preparation and timing.

PREPARE FOR YOUR VISIT

Make time for your health.

About one hour for your base HealthCheck 2.0.



Bring your history and questions

Have your medication list and relevant prior reports ready. Share the health priorities you want to discuss.

Follow your preparation instructions

The team will explain food, drink, clothing and MRI preparation. Tell them about implants, metal in your body, pregnancy or possible pregnancy, claustrophobia, allergies and relevant kidney conditions.

Plan add-on exams in advance. Concierge SimonMed Longevity Scheduling: xxx xxx xxxx

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\$399 About 1 hour

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Screening findings may require additional evaluation. Your team will discuss follow-up needs and when final reports will be available.